



East Sussex Saab

A Branch of the SAAB Owners Club of GB Ltd.

Branch Newsletter

Winter 2007

Issue 17

Dear Member,

Welcome to the Winter Newsletter.

As some of you may be aware, we have recently changed our meeting venue to the Trevor Arms in Glynde. It's a nice little Harveys pub right next to the railway station. Details can be found on page 3.

We have a dyno day planned for February. If your car is standard and you want to know how well it's performing or whether it has recently been modified and you want to know that you're getting your moneys worth, why not pop along and put your car on the rollers. Details can be found on page 2.

We are always looking for news items for our newsletter. If you have any please forward them to either the chairman or secretary for inclusion.

If you have any ideas to days out or events, why not send these to us too.

See you soon,

Chris Trick
Branch Chairman

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Latest News

BRANCH CONTACTS:

Chairman:

Chris Trick
Tel: 01323 847124
chairman@eastsussexsaab.co.uk

Secretary:

Toby Field
Tel: 01323 460363
secretary@eastsussexsaab.co.uk

Treasurer:

Richard Dickens
Tel: 01825 766566
treasurer@eastsussexsaab.co.uk

SAABFLIGHT



- Maintenance
- Servicing • Repairs
- New and Re-con Parts
- Free Courtesy Car
- Supplying & Fitting
- Breakdown Recovery
- Crash & Body Repairs
- Air Conditioning

EXPERT ADVICE - COMPETITIVE PRICES

Tel/Fax: 01323 449908 - Mobile: 07949 085590
Mill Lane Garage, Mill Lane, Hellingly, Hailsham, BN27 4HD - Email: sales@saabflight.co.uk
www.saabflight.co.uk

Branch address: 78 Foxglove Road, Eastbourne, East Sussex, BN23 8BX - Email: info@eastsussexsaab.co.uk



ROLLING ROAD DAY

Saturday 2nd February

We have arranged for a rolling road morning at Sussex Performance Cars in Horsham on Saturday 2nd February.

A rolling road is an ideal and safe environment to test how well your car is running, and diagnose engine faults it might have. It allows your car to be tested under full power throughout the rev range, without the risk of ending up in a ditch or behind bars!

After your Power Run or you will be given a printout of your vehicles power. This printout can be used for planning future modifications, selling your vehicle with proven power output, or you can just to show it to your mates!

If you would like any professional advice after your rolling road session, the engine and ecu specialists from Saabflight will be attending and will be happy to discuss or interpret any problems that are brought up.

A power run will cost £35 per car. Places are very limited, so please contact Chris Trick on 07789 933906 to book a place on the rollers. Spectators are also welcome, but please call to give us an idea of numbers.

Sussex Performance cars is situated near the centre of Horsham:

Unit 4 Deacons Trading Estate
Nightingale Road
Horsham
West Sussex RH12 2NW



Dealer Listing

MAIN DEALERS

Frosts Saab
69-75 Brighton Road
Shoreham-by-Sea
West Sussex. BN43 6RT
Tel: 01273 461411
www.frostssaab.com

Turners Hill Garage Ltd
Turners Hill
Crawley
West Sussex. RH10 4NP
Tel: 01342 716322
www.saab.uk.com

Eastbourne Saab
103 Bourne Street
Cavendish Bridge
Eastbourne
East Sussex. BN21 3SE
Tel: 01323 720681
www.eastbournesaab.co.uk

INDEPENDENTS

Bourne Motors
1-2 Cornfield Lane
Eastbourne
East Sussex. BN21 4NE
Tel: 01323 727011
www.bournemotorsussex.co.uk

Mann Woodland
2 St. Johns Road
Hove
East Sussex. BN3 2FB
Tel: 01323 720681
www.mannwoodland.com

SAABFLIGHT
Mill Lane Garage
Mill Lane
Hellingly
Hailsham
East Sussex. BN27 4HD
Tel: 01323 449908
www.saabflight.co.uk

SAABTECH
11 Harold Mews
St. Leonards on Sea
East Sussex. TN38 0EA
Tel: 01424 439391
www.saabtech.co.uk

Branch Merchandise

At East Sussex Saab, we now have a range of merchandise. As you can see from the pictures to the right, it includes items such as T-shirts, Mugs and Hats.

	1-14	15+
White T-Shirt (2XL-4XL add £1.75)	£7.75	£5.00
Mug	£6.00	£3.90
2008 Calendar Print	£2.50	£1.65
Women's T-Shirt (2XL add £1.75)	£7.75	£5.00
Baseball Cap	£7.75	£5.00
Infant/Toddler T-Shirt (6 mths-4yrs)	£4.75	£3.00
Wall Clock	£6.00	£4.00
Sweatshirt	£12.00	£7.50

As you can see from the prices above, if a single item is ordered in multiples of 15+ then we up to 35% discount on the prices above.

All prices exclude P&P which is charged at £4.00 for the first item, and £2.50 for every additional item. The postage costs are the same on bulk orders.

If you would like to order any of these items, please see the branch secretary at any of our meetings, or visit our website.

PLEASE NOTE: All orders must be paid for in advance. You can pay by credit card or VISA Delta debit card via our website, but this does not include bulk orders. If you wish to purchase as part of a bulk order, this cannot be done online. If you purchase as part of a bulk order, you cannot have the items delivered to an address of your choice and must be collected from a branch meeting or branch secretary. Orders take approximately 3 weeks. All orders are charged at cost and no commission is made by the branch.



FUTURE MEETING DATES

Date: 12th Dec 2007 (Wednesday)
Venue: Trevor Arms, Glynde Nr Lewes
Time: 8pm-10pm

Details: Our December meeting of East Sussex Saab will be held at the Trevor Arms at Glynde Nr Lewes FOR A MEAL.

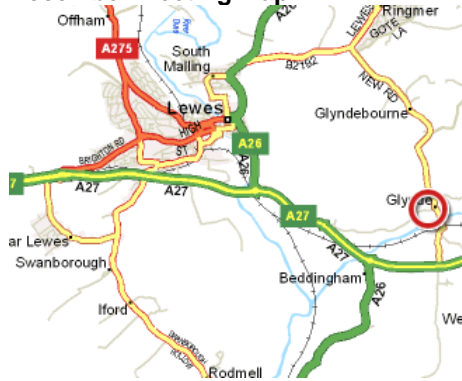
The Trevor Arms has a large menu of excellent English dishes as well as a Christmas menu – Please let us know if you will be attending, so we can let the pub know numbers.

Directions: The Trevor Arms is situated in the quiet village of Glynde, 3 miles from Lewes and just off the A27. Glynde station is next to the pub for easy access.

Address: Trevor Arms, Glynde, Lewes, East Sussex, BN8 6SS

Telephone: 01273 858208

December Meeting Map



LATEST NEWS THE ECO-nomics OF 'GREEN BRITAIN'

60% of Brits are going green in a bid to save future generations according to a new 'ECO-nomics' report commissioned by Saab. Despite this ambition, the financial cost of being 'green' doesn't make it easy, as over a third of independent minded Brits (39%) are not prepared to pay any extra for green products or services. A large proportion (41%) believe that green goods could be more widely available with a further 79% looking for greater government incentivisation* to help change behaviour. Brits also admit to harbouring 'guilty non-green sins' which, coupled with a general lack of knowledge about the greatest pollutants, demonstrates that as a nation there is still a way to go before we are 'Green Britain'.

Joe Oliver from Saab comments: "As the only volume car manufacturer to offer an environmental engine choice across our entire range of cars, we commissioned the 'ECO-nomics' report to explore Britons' attitude to green motoring and other broader environmental issues such as recycling. The report seeks to gauge how well-informed Brits are on green matters and to understand the motivations and barriers to leading a more environmentally-friendly lifestyle."

For the full story and other latest news visit our website at www.eastsussexsaab.co.uk.

FUTURE MEETING DATES AT A GLANCE

December		January	
12th	- Christmas Meal, Trevor Arms, Glynde, Nr Lewes 8pm-10pm	9th	- Trevor Arms, Glynde, Nr Lewes 8pm-10pm
February		March	
2nd	- Rolling Road, Sussex Performance Cars, Horsham 8pm-10pm	12th	- Trevor Arms, Glynde, Nr Lewes 8pm-10pm
13th	- Trevor Arms, Glynde, Nr Lewes 8pm-10pm		





BEATING THE BOUNCE

After 160 000 miles of hard driving around the potholed roads of Sussex, by 9000 Aero's suspension was definitely past its best. It had never been that impressive; quite crashy on bad road surfaces, and it had always had quite a lot of body roll. The problem had been exacerbated by the Saabflight engine upgrade I had done 6 months ago (300bhp / 350 lbft) which had made the car a real point and squirt device - having to brake hard for the twisty bits.

I've taken the decision to stick with my 9000 for a few more years, so took the plunge to replace the suspension - which was the one thing I had held back from completing due to the high cost - uprated suspension kits being in the region of £500.

LATEST NEWS

Saab wakes up dozy drivers

Saab's Driver Attention Warning System is a development project designed to counter two of the most common causes of road accidents: driver drowsiness and inattention at the wheel. It alerts the driver by using a combination of text and voice messages, or vibrations in the seat cushion, as soon as the risk of drowsiness or inattention is detected.

Research has shown that not only are 20% of accidents cause by sleeplessness^[1], but death tolls from sleep-related incidents are three times higher than other accidents, presumably because the drivers do not swerve or apply their brakes. More than 300 people in the UK a year are killed as a result of drivers falling asleep at the wheel. The Saab Driver Attention Warning System is designed to help reduce these figures.

Unlike other similar systems, the Driver Attention Warning System does not rely on measuring an erratic change in the steered direction of the vehicle. It is designed to detect the onset of drowsiness or inattention, rather than the immediate consequences.

It utilizes two miniature infra-red cameras, one installed at the base of the driver's A-pillar and the other in the center of the main fascia, which are focused on the driver's eyes. The image from the cameras is analyzed by software that deploys a series of alerts when the pattern of eye-lid movement indicates the onset of drowsiness, or when the driver is not looking at the road ahead.

For the full story and other latest news visit our website at www.eastsusseksaab.co.uk.



After some research, I found that there only real options for upgraded shock absorbers are Koni or Bilstein. The Koni option is generally cheaper than the Bilstein, and are partly adjustable - the fronts at the turn of a key under the bonnet, the rears however need taking off the car to adjust. However, the Konis require some cutting and fitting to the original strut, and I had head reports that they were not so long lasting or controlled. The Bilstein option dampers were regarded as a good product, the downsides being that they're not adjustable, and they tend to be stiffer. - I plumped for the Bilstens.

Springs were more confusing: there were many options and not many people to recommend something to go with the Bilsteins, which are normally bought as a kit with some very hard springs (which also lower the car considerably). I didn't really want the car to be too low or too firm, so I have tried a set of Kilen 25mm lowering springs - available from Elkparts or Parts For Saabs.

The cheapest way to buy the Bilstein dampers in the UK was online as part of the kit including the springs I didn't want - the kit was £500. Buying the shocks separately without springs worked out at £550!

I found an American Ebay seller who specialises in suspension components and was prepared to ship to the UK. This worked out at \$505 delivered for the 4 shocks - which with the good exchange rate was only £250. By the time I'd paid the import duty, this would still only be £295. - They also sell Bilstein touring (standard replacement) dampers considerably under UK prices.

I ordered, and two weeks later, they arrived and I fitted them. To begin with, I was quite disappointed as they car was very bouncy on the road - but over the next few weeks it settled down. The ride is definitely firm, but compared to modern performance saloons, don't think it is too bad, the real difference is the cornering, the care is a lot less concerning to throw into bends, and the body doesn't pitch under braking or acceleration. It's hard to say how much is down to the upgrade, or just replacing the old parts, but it has totally transformed this aging car.

